

# **EXTRAORDINARY GAMES WITH ORDINARY EQUIPMENT**

## BALLS & BEAN BAGS

- Throwing and Catching- The basics, simple tricks, unusual combos
- Balancing- Creative ways
- Games- Everybody's It, Group Juggle, etc.
- Equipment Options- Success balls, bean bags, koosh balls, yarn balls, scarves, spider balls, tape balls, socks...

## BALANCE

- Asymmetrical vs. Symmetrical
- Creative Balances
- Equipment Options- Golf tubes, peacock feather, wooden dowels, cardboard tubes, spider balls, tennis balls, juggling balls....

## STRIKING

- Body Strikes
- Team/Group Games
- Adding Paddles/Racquets- individual and partner/group games.
- Equipment Options- Success balls, foam balls, petecas, foot bags, balloons, loony pong racquets, pickle ball, tennis, hanger & nylons...

## COOPERATIVE ACTIVITIES

- Net Games- Throwing, catching, bouncing, dribbling, etc
- Partner/4 Person/Multiple teams- Making a connection, basketball, etc
- Equipment Options- Fling it nets, Success balls, blankets, towels, sheets, stuffed animals...

*W.E. C.A.R.E. performs school assembly programs featuring educational and entertaining shows with hands-on instruction for small and large groups.*

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