

CCEPE Program 2007 Conference

Schedule of Presenters

Friday Evening 6:30 - 7:30

Large Gym

Cindy Lins "Tried and True - And New Learning, Too!"

Survey says"... Our students say these are the "instant activities" and other learning experiences that promote maximum engagement, provide enjoyment and an immediate opportunity to integrate the lesson focus, all while supporting NASPE and Oregon Physical Education Standards. Let's keep it purposeful! Participants will receive a handout of all the activities.

Small Gym

Mary Hirt Skill Thrills:

Creating intense, small working groups to develop specific movement skills. Students are placed in "GRIDS" and perform skills relevant to team sports; strategies, offensive and defensive moves, and principles that are the foundation of team and individual sports. Students have great fun in this no sitting/standing activity.

Activity Gym

Kathy Edmiston

Dance Dance Revolution: *An Introduction to Active Video Games*

Learn how to incorporate Active Video Games (DDR & EyeToy) into your Physical Education Classes

Classroom E4

Tanya Frisendahl Healthy Kids Learn Better

It is without a doubt that Healthy Kids Learn Better. Research continues to emerge that supports the links between student health, behavior and academic achievement. Come learn more about the Healthy Kids Learn Better (HKLB) Partnership that is a statewide effort to help local schools and communities form partnerships and reduce physical, social and emotional barriers to learning.

Friday Evening 7:45 - 8:45

Large Gym

**Barb Cusimano, Gay Timkin, Dominic Cusimano,
and the OSU MS-PETE Facilitators**

“Friday Night Adventure”

Building Community – Collaboration – Team Building – Challenge Activities!
Physical Educators have the ability to bring people together for work and play. The ability to pull individuals together to work on common goals is vitally important in our busy world. Join other conference participants in fun challenge activities as we work to build a closer physical education community. We guarantee you’ll enjoy the process and take away new challenges to share with your students and faculty!

Saturday Morning 8:00 - 8:25

Commons Area

Meg Greiner: “TEAM TIME” (Together Everyone Achieves More)

Get energized with Meg doing "TEAM Time" this morning. Meg will get you moving and grooving while you follow along. She will lead you through a variety of movement and flexibility activities. You might even learn a new dance or two!! *Meg Greiner: Independence Elementary School*

NW District Elementary School Physical Education Teacher of the Year 2005, National Disney Teacher of the Year 2006

Saturday Morning 8:30 – 9:20am

Commons Area

Exhibitors

Large Gym

Markus Freiling Speedminton

Speedminton is a sport which is growing fast throughout the US. PE Teachers from Elementary to High School are being introduced to the game and love it! This session will introduce you to the game of speedminton. You will be able to learn as well as participate in speedminton games and activities.

Small Gym

Gay Timken Adventure Activities

This session will help physical education teachers use adventure education with their classes. One point is to demonstrate that adventure education can be done cheaply, with little or no equipment at all. The other point is to understand the debriefing process – how to get the bigger message (risk and challenge, acceptance and respect, trust and responsibility, communication and cooperation) across to students.

Activity Gym

Paula Jack-Fix Yoga and Progressive Muscle Relaxation Techniques

Two ways to approach yoga as a lesson/unit plus adding yoga moves into warm-ups. This is an active participation class so come ready to move. The progressive muscle relaxation technique will be taught. It is primarily about teaching students to be aware of what it feels like when tension leaves the body.

Band Room

Kathy Edmiston

Dance Dance Revolution: *An Introduction to Active Video Games*

Learn how to incorporate Active Video Games (DDR & EyeToy) into your Physical Education Classes.

Classroom E4

Elementary Sharing Session –

How Do You Report Learning To Parents and Teachers?

We all struggle with the numbers and the amount of things that we teach but how do we report it to parents and teachers and keep it manageable. How do we manage and report student learning as to the Oregon PE Content Standards and Benchmarks? In this sharing session participants will learn from each other.

Saturday 9:30 – 10:20am

Commons Area

Exhibitors

Large Gym : KEYNOTE

Mary Hirt “Social Skills”:

Students participate in a series of group initiatives to foster positive norms in problem solving skills, mediation, foster teamwork and communication skills. Students not only have fun but also learn how to speak respectfully, encourage others, and lead without dominating. A must in any program!

Saturday 10:30 – 11:20am

Commons Area

Exhibitors

Large Gym

Mary Hirt

“STOMP”!!! and Follow-up Session on Social Skills Keynote session.....

This session will have 2 parts: First a follow up on the social skills session: and second, and introduction to “STOMP!”

STOMP is an experience in rhythm and teamwork. The rhythm of life begins and ends with the heart beat. Rhythm and Beat is the foundation of all movement. This FUN activity as well as the scoring Rubric associated with it will be introduced.

Continued focus on social skills: Students participate in a series of group initiatives to foster positive norms in problem solving skills, mediation, foster teamwork and communication skills. Students not only have fun but also learn how to speak respectfully, encourage others, and lead without dominating. A must in any program

Small Gym

Brandi Bazarro- “Catch the Beat” using Parachute, Benches and More!!

Participants will learn a variety of activities that incorporate music to get kids moving. The session will include rhythmic routines using ribbons, benches, and parachute. Rhythmic routines can be used to develop a sense of rhythm, beat awareness and timing. In addition, rhythmic activities provide students a way to feel good physically, be mentally stimulated, develop self-esteem, and appropriately interact with their classmates.

Activity Gym

Jeff McNamee Lance Trantham : Climbing Wall

Climbing strengthens the body, challenges the mind, and encourages the spirit. Climbing is not a trendy add-on, but rather a legitimate educational activity that encourages the physical, mental, social, and emotional growth of each participant. Come check out this session with Conestoga’s 60ft climbing wall!

Classroom E4

Heidi Wegis Using PDAs for Formal Assessment of Student Learning in Physical Education

This session will highlight options for teachers to employ personal digital assistants (PDAs) for the purpose of conducting on-going, formal assessment of student learning. In this session, we will a) provide a foundation for formal assessment of student learning in the psychomotor domain; b) argue for the integration of formative assessment within daily instruction; and c) show examples of assessment templates. Examples of templates will include physical activity and game performance assessments and will be Excel™ -based. A video demonstration of a teacher integrating formal assessment with instruction using PDAs will be shown.

Saturday 11:30am – 12:30pm

Commons Area

LUNCH

and

EXHIBITORS SHOWCASE

12:15 OSU Grads Photo!

All Oregon State University Grads Meet on the stairs off the commons area for the Annual photo!

Saturday 12:30 – 1:20pm

Commons Area

Exhibitors

Large Gym

Meg Greiner: Rhythms and Dance Sharing Session

In this session anyone can teach and share a rhythm or dance activity. Bring a handout to share with participants of your activity. There will be a PA system and cd player/tape player so bring your music and share your wonderful activities.

Small Gym

Bekki Bryan and ZaNeen McClain - Adapted Physical Education Practices

This session will be comprised of various teaching strategies and experiences for including children with disabilities in your physical education classes. Come ready to share and gain new creative practices to implement into your programs.

Activity Gym

Jaimie McMullen: How to Use Heart Rate Monitors with Children

Have you always wondered how heart rate monitors work? This session will allow you to participate in a fitness activity while wearing a heart rate monitor so you can see for yourself how they work. Additionally, we will discuss how you can successfully (and easily) integrate heart rate monitors into physical education classes as early as 4th grade!

Band Room

Alice Atha : No Gym? No Problem! ...Limited Space–Unlimited Potential *Maintaining Quality Physical Education in Alternative Spaces*

As physical educators, we have become very familiar with the many scheduling conflicts in which we lose access to our teaching space. This session will offer strategies for teaching in a limited space while maintaining the integrity of your curriculum. Meaningful physical education experiences for students can be conducted in a limited space. Leave this session with a packet of ready-to-use activities!

Classroom E4

First Year Teacher Panel: Come interact with a group of first year physical education teachers. They will share their challenges & successes in an interactive format with participants.

First Year Teacher will include.

Andi Wavra, Mt View Middle School, Beaverton, OR
Mike Cates, Boardman Elementary, Boardman, OR;
Evan Godsiff, Green Gables Elementary, Federal Way, WA;
Matt Hein, Whitaker Middle School, Salem, OR
Courtney Rossmiller, Meadow Park Middle School, Beaverton, OR
Rob Lee, Substitute Teacher, Portland/Beaverton Area
Brett Phillips, Tobias/FarmingtonView Elementary School, Hillsboro, OR

Saturday 1:30 – 2:20pm

Commons Area

Exhibitors

Large Gym KEYNOTE

Cindy Lins

“If You Lead Them There, Will They Quench Their Thirst?”

Think about the people that helped get you here! "Hats off" to you for working through all the dynamic situations and relationships we experience everyday in our movement learning labs. Let's "test" our understanding of the "relationships" everyone experiences in movement settings. Embedded within the workshop are examples of at least eight authentic assessment strategies. All assessment example pages are provided in the "handouts" portion of this conference booklet!

Saturday 2:30 – 3:20pm

Commons Area Exhibitors

Large Gym

Cindy Lins “Standards, Skills and Themes Lead to Movement Dreams”

How does this "relate" to a multitude of learning opportunities that correlate with the NASPE National Physical Education Standards through “real-life” lesson progressions? Let's dribble *Hither and Yon, To and Fro', Dribbling With A Purpose - All on the Go!*

Small Gym

Craig Zetterberg “Gym Geography”

Gym Geography is the concept of using World Geography to help organize your gym and students. Learn how to save management time and integrate map skills at the same time!

Activity Gym

Lisa Wright: Skip into a Nutritious Body, 5 A Day the Musical Way

This activity session is geared towards Adapted and Regular Physical Educators working with elementary age students with special needs. Participants will experience a variety of motivating activities that encourage a lifetime of health, physical fitness and nutrition. The activities stations will help students understand how to choose a variety of healthy, sensible foods based on using the food guide pyramid. Then, incorporating music and movement will help imprint the health and nutritional concepts in a fun and active setting.

Band Room

Donna Schaefer Brandi Bazarro S'cool Moves

Poster PE is a program developed by Debra Wilson a reading specialist and former PE teacher. IT is from her program S'cool Moves. Participants will learn fun, motivating activities that help all children perform better in school and in PE classes. The activities were developed to help struggling readers and help children diagnosed with ADHD, Autism Spectrum, or Developmental Delays.

They will also help students in your class who have difficulty staying focused, performing to potential, self-organization or who seem out-of sync in the classroom or gym. The emphasis will be on k-3rd grade students

Classroom E4

Michael Wright Planning for Quality Assessments

The first step in delivering a quality lesson is thoughtful and thorough planning. The same can be said of implementing sound assessment techniques. This session will lead the participant through the process required to plan and deliver quality, daily physical education assessments. The participant will engage in discussion regarding the analysis of content, writing of clear and measurable objectives, and strategies for the collection of student performance data. Examples of quality work will be provided.

Saturday 3:30 – 4:00pm

Commons Area

Exhibitors

Large Gym: Conference Wrap-up and Final Raffle Drawing

Please fill out conference Evaluation and Place evaluation and Name Tag in designated areas before leaving! Thank you for attending the 27th annual Children's Conference on Expanded Physical Education!